



## **WOMEN-Stepping up In education!** **For Primary and Secondary Teachers**

**Get ready to STEP UP and be an influence for change and improvement in Your Department, Your School, Your Career**

### **What will I get from this course?**

Professional Business Coach, Alison Diana will work with you individually through:

- An online, in-depth, self-assessment
- A detailed report in terms of Emotional Intelligence, confidential to you and your coach, to help direct your next steps
- A one hour individual coaching session to interpret the report, identifying strengths and areas for growth and development, giving you an opportunity for a deep conversation with your needs at the heart

Women Leaders from both Primary and Secondary schools, will be running the seven face-to-face sessions—talking openly about their experiences as women in education and focussing on issues and challenges you face as you become your best—however you choose to define this.

### **Who will benefit?**

#### **Women Teachers**

In both Primary and Secondary Schools

#### **Curriculum Leaders**

Women leading a subject or phase

#### **Middle Leaders**

Heads of department or with pastoral responsibility

#### **Teachers not yet with additional responsibility**

Define your goals and prepare to step up

#### **Established Teachers**

A chance to focus on you and your career, challenge perceptions and redefine your career path



**Cost per delegate £350**

Includes 7 face-to-face group sessions, online EP-i assessment, personal coaching session

**Certified Course**

### **CALENDAR for Delivery**

**LAUNCH EVENT** at Thorpe St Andrew School

Tuesday 20 February 2018 1.30—5.30pm

6 Further sessions at 3-4 week intervals—final dates TBC—timings as above

## **PROFESSIONAL COACHING FOR ALL DELEGATES from Alison Diana,**

Alison Diana, Senior Management Coach and Consultant, will be delivering two of our group sessions but in addition to this, every delegate will be invited to complete an online EQ-i report which will provide a wealth of information that Alison will use to guide your personal coaching session.

During the hour long individual sessions Alison promises:

- *to raise your self awareness and understand the impact of your behaviour*
- *to open your eyes to things of which you were not previously aware*
- *help you to understand what is stopping you from achieving your goals and to take action for change*
- *support you to move outside of your comfort zone and challenge yourself.*

Alison says:

*I believe our biggest growth can come from doing things that scare us! I focus on emotional intelligence and work with you to better understand what this means for you and how you can develop. I believe everyone is capable of great things and I am here to help you realise your potential.*

**Face-to-face sessions will address a wide range of topics that other training courses don't always consider**



For more information or to book:

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